

October 2011

Little Steps Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	Newborn Care (M) Taking Care of Yourself/Goals (D) Poison Control (M)	4	5	Full Circle Group Drugs & Alcohol	7	8
9	Roller Coasters (M) Work & Family (D) Dental Care (M)	11	12	Full Circle Group Who I Am	14	15
16	Pregnancy - 1st Trimester (M) Prevention (D) Prevention (M)	Flippin' Out	19	Full Circle Group Crib & Car Seat Safety	21	22
23	Pregnancy - 2nd Trimester (M) Dads are Unique/Pregnant Father (D) Milestones (M)	25	26	Full Circle Group Stress Management	28	29
30	<i>Little Steps Closed</i>	All classes are 6 pm–7:30 pm unless otherwise noted All classes are co-ed unless noted M = Moms Only Classes D = Dads Only Classes		3	4	5

Office Hours: Monday 2 pm–8 pm • Tuesday 9 am–2 pm • Thursday 9 am–2 pm & 5 pm–8 pm

November 2011

Little Steps Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All classes are 6 pm–7:30 pm unless otherwise noted</p> <p>All classes are co-ed unless noted</p> <p>M = Moms Only Classes</p> <p>D = Dads Only Classes</p> <p>30</p>	31	1	2	<p>Full Circle Group</p> <p>Poison Control</p> <p>3</p>	4	5
6	<p>Pregnancy - 3rd Trimester (M)</p> <p>Work & Family (D)</p> <p>Get a Job (M)</p> <p>7</p>	8	9	<p>Full Circle Group</p> <p>Dental Care</p> <p>10</p>	11	12
13	<p>Newborn Care (M)</p> <p>Positive Discipline (D)</p> <p>Conflict Resolution (M)</p> <p>14</p>	<p>Show Me the Money</p> <p>15</p>	16	<p>Full Circle Group</p> <p>Prevention</p> <p>17</p>	18	<p>Parent Workshop 10 am–1 pm (For parents of Program Members)</p> <p>19</p>
20	21	22	23	24	25	26
<i>Little Steps will be closed November 20–26</i>						
27	<p>Roller Coasters (M)</p> <p>Drugs & Alcohol (D)</p> <p>Drugs & Alcohol (M)</p> <p>28</p>	29	30	1	2	3

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December 2011

Little Steps Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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27	28	29	30	1	2	3	
4	5	Surviving the Checkout	7	8	9	10	
11	12	13	14	15	16	17	
<p>Christmas Celebration</p>							
18	19	<p><i>Little Steps will be closed December 18–January 8</i></p>				23	24
25	26	27	28	29	30	1	